



**WE'RE HERE
TO HELP
WHEN YOU
NEED IT MOST.**

You and anyone in your household can call EAP and receive FREE and CONFIDENTIAL counseling and consultation for a wide range of personal and work-related problems. Call us or log into our website for more information or to request an appointment.

c&fsEAP
Employee Assistance Program



CALL
(716) 681-4300

Outside of Erie County:
(800) 888-4162

VISIT
WWW.EAP.CFSBNY.ORG

*Telephonic, video and in-person
services available*